You will need:
- Honey Tasting Worksheet - 1 for each participant
- 4 different types of honey - a pump makes it easy to distribute!
- Wooden spoons, popsicle sticks, or paper spoons
- Small paper plates

You can use any variety of honey that is available in the area. The names of the kinds of honey should not be revealed until the end of the activity so that the participant can come up with their creative names based on color, smell, and taste. The four different varieties that we use are Lavender, Acacia, Orange Blossom, and Bee Cause Honey (wildflower).

**Step 1.** Inspect the honey. Hold it up to a light. What colors do you see? Write down words that describe what you see on your worksheet for “SIGHT” in the column of the straw you are exploring.
  - **Examples:** sunshine, caramel, bright, lemon, dark, yellow, black, bubbly, popsicle, creamy, blush, maroon, coral, salmon

**Step 2.** Watch the honey move. Squeeze a little honey onto a paper plate or pump onto the spoon. What do you notice about the way it moves? Is it fast or slow? That is called the viscosity: higher viscosity means it has a greater resistance to flow, and lower viscosity means it moves quickly.

**Step 3.** Smell the honey. What do you observe with your nose? Write down words that describe the smell.
  - **Examples:** lavender, woodsy, fruity, jammy, citrus, floral, dusty, smoky, spicy, berry, earthy, hay
Step 4. Taste the honey. Write down the words that describe the taste.
  ○ Example: raisin, smoke, marshmallow, pineapple, coffee, sugar, sunrise, earth, nut, candy, bite, pucker

Step 5. Combine your words to create your name for each honey straw flavor. (Think MadLibs) Examples: Sunshine Lavender Smoke, Citrus Jammy Candy, Spicy Marshmallow Puff. Write your Silly Name on your worksheet.

Step 6. Follow the above steps for each of the types of honey. Then write the Real Name of the honey on the worksheet after you complete the honey tasting.

Resources:
- Honey - How It’s Made - Video Link
- Honey Tasting Extensions - Resources for Educators
- Learn more about how honey is harvested with our Honey Harvest Virtual Field Trip!